

METHODOLOGY DISCLOSURE STATEMENT

Client name	Advocate for Children and Young People (ACYP)
Project name	Student experiences of school stress
Project reference	SNR 2505007

Research dates:	Monday 23 June – Thursday 3 July 2025
Target population:	The target population for the research was school students across NSW aged 10-18 years.
Research methodology:	The research comprised of a 15-minute self-complete online survey with n=1,000 participants (n=648 from Greater Sydney and n=352 from regional NSW). Quotas by school type were applied resulting in n=633 from Public/Government schools, n=206 from Catholic schools and n=161 from Independent, Private or other religious schools. Participants were sourced via the Octopus Group research panel. All participants who completed the survey received an incentive payment commensurate with the source panel's usual protocols. Participation was on a voluntary, opt-in basis.
Weighting approach:	Data was weighted to match ABS Census population statistics on age, gender and location to an SA4 level. The weighting efficiency was 95% resulting in an effective sample size of approximately n=950, with a margin of error of approximately +/-3.2% (at the 95% confidence interval) for estimates based on the total sample.
Research questions:	The question line was created by SEC Newgate for the purpose of this research. A combination of single choice, multiple choice, ranking and open-ended (text response) questions were used in the research. For multiple choice questions and statement grids, the order of response options was randomised to avoid potential order effect. All questions and response options were displayed in full throughout the survey.

This research was conducted in accordance with the Australian Polling Council Quality Mark standards which can be viewed here: <https://www.australianpollingcouncil.com/>